

16. SURFACE AND STORM WATER QUALITY GUIDELINES

A. INTRODUCTION

The following information is excerpted from several EPA publications including the preamble to the NPDES Phase II rules as published in the Federal Register¹ and EPA storm water fact sheets and guidance documents².

Storm water runoff from lands modified by human activities can harm surface water resources and, in turn, cause or contribute to an exceedance of water quality standards by changing natural hydrologic patterns, accelerating stream flows, destroying aquatic habitat, and elevating pollutant concentrations. Such runoff may contain or mobilize high levels of contaminants, such as sediment, suspended solids, nutrients (phosphorous and nitrogen), heavy metals and other toxic pollutants, pathogens, oxygen-demanding substances, and floatables. After a rain, storm water runoff carries these pollutants into nearby streams, rivers, lakes, estuaries, wetlands, and oceans. The highest concentrations of these contaminants often are contained in “first flush” discharges, which occur during the first major storm after an extended dry period. Individually and combined, these pollutants impair water quality, threatening designated beneficial uses and causing habitat alteration or destruction. Uncontrolled storm water discharges from areas of urban development and construction activity negatively impact receiving waters by changing the physical, biological, and chemical composition of the water, resulting in an unhealthy environment for aquatic organisms, wildlife, and humans. Although water quality problems also can occur from agricultural storm water discharges and return flows from irrigated agriculture, this area of concern is statutorily exempted from regulation as a point source under the Clean Water Act and is not addressed in these guidelines.

Urbanization alters the natural infiltration capability of the land and generates a host of pollutants that are associated with the activities of dense populations, thus causing an increase in storm water runoff volumes and pollutant loading in storm water that is discharged to receiving waterbodies. Urban development increases the amount of impervious surface in a watershed as farmland, forests, and other natural vegetation with natural infiltration characteristics are converted into buildings with rooftops, driveways, sidewalks, roads, and parking lots with virtually no ability to absorb storm water. Storm water runoff washes over these impervious areas, picking up pollutants along the way while gaining speed and volume because of their inability to disperse and filter into the ground. What results are storm water flows that are higher in volume, pollutants, and temperature than the flows from more pervious areas, which have more natural vegetation and soil to filter the runoff. Studies reveal that the level of imperviousness in an area strongly correlates with decreased quality of the nearby receiving waters. Research conducted in numerous geographical areas, concentrating on various variables and employing widely differing methods, has revealed that stream degradation occurs at relatively low levels of imperviousness, such as 10 to 20 percent (even as low as 5 to 10 percent). Furthermore, research has indicated that few, if any, urban streams can support diverse benthic communities at imperviousness levels of 25 percent or more. An area of medium density single

¹ 64 FR 68722

² Available on the Internet at www.epa.gov/npdes.

family homes can be anywhere from 25 percent to nearly 60 percent impervious, depending on the design of the streets and parking.

Relationship of Sources to Primary Pollutants of Concern

Pollutant Source/Activity	Primary Pollutants of Concern in Urban Runoff*								
	Physical Parameters ^a	Synthetic Organics ^b	Petroleum Hydrocarbons ^c	Heavy Metals ^d	Nutrients	Pathogens	Sediments	Oxygen-Demanding Substances ^e	Floatables ^f
Vehicle Service Facilities		•	•	•					
Gas Stations		•	•	•					
Metal Fabrication Shops		•	•	•					
Restaurants									•
Auto Wrecking Yards	•	•	•	•					
Mobile Cleaners		•							
Parking Lots	•		•	•					•
Residential Dwellings	•	•		•	•	•	•	•	
Parks/Open Spaces					•	•	•	•	•
Construction Sites	•						•	•	
Corporation Yards	•	•	•	•					
Streets & Highways	•		•	•				•	•
Marinas									•
Golf Courses		•			•		•	•	
Sewer Overflows	•					•		•	

a. salinity, pH, temperature. b. pesticides, herbicides, PCBs. c. oil, grease, solvents. d. lead, copper, zinc, cadmium. e. plant debris, animal waste. f. litter, yard wastes.

* adapted from *Model Urban Runoff Program*. July 1998. City of Monterey, City of Santa Cruz, California Coastal Commission, Monterey Bay National Marine Sanctuary, Association of Monterey Bay Area Governments, Woodward-Clyde and Central Coast Regional Water Quality Control Board. EPA Assistance Agreement No. C9-999266-95-0.

In addition to impervious areas, urban development creates new pollution sources as population density increases and brings with it proportionately higher levels of car emissions, car maintenance wastes, pet waste, litter, pesticides, and household hazardous wastes, which may be washed into receiving waters by storm water or dumped directly into storm drains designed to discharge to receiving waters. More people in less space results in a greater concentration of pollutants that can be mobilized by storm water discharges into storm sewer systems.

The first national assessment of urban runoff characteristics was completed for the *Nationwide Urban Runoff Program (NURP)* study. The NURP study is the largest nationwide evaluation of storm water discharges undertaken to date. EPA conducted the NURP study to facilitate understanding of the nature of urban runoff from residential, commercial, and industrial areas. One objective of the study was to characterize the water quality of discharges from separate storm sewer systems that drain residential, commercial, and light industrial (industrial parks) sites. Storm water samples from 81 residential and commercial properties in 22 urban/suburban areas nationwide were collected and analyzed during the 5-year period between 1978 and 1983.

The majority of samples collected in the study were analyzed for eight conventional pollutants and three heavy metals. Data collected under the NURP study indicated that discharges from separate storm sewer systems draining runoff from residential, commercial, and light industrial areas carried more than 10 times the annual loading of total suspended solids (TSS) than discharges from municipal sewage treatment plants that provide secondary treatment. The NURP study also indicated that runoff from residential and commercial areas carried somewhat higher annual loadings of chemical oxygen demand (COD), total lead, and total copper than effluent from secondary treatment plants. Study findings showed that fecal coliform counts in urban runoff typically range from tens to hundreds of thousands of most probable number (MPN) per hundred milliliters (ml) of runoff during warm weather conditions, with the median for all sites being around 21,000 MPN/100 ml.

B. CONSTRUCTION SITE RUNOFF

Polluted storm water runoff from construction sites often flows to storm drains and ultimately is discharged into local rivers and streams. Of the pollutants listed below, sediment is usually the main pollutant of concern. Sediment runoff rates from construction sites are typically 10 to 20 times greater than those of agricultural lands, and 1,000 to 2,000 times greater than those of forest lands. During a short period of time, construction sites can contribute more sediment to streams than can be deposited naturally during several decades. The resulting siltation, and the contribution of other pollutants from construction sites, can cause physical, chemical, and biological harm to our nation's waters. The siltation process described previously can (1) deposit high concentrations of pollutants in public water supplies; (2) decrease the depth of a waterbody, which can reduce the volume of a reservoir or result in limited use of a water body by boaters, swimmers, and other recreational enthusiasts; and (3) directly impair the habitat of fish and other aquatic species, which can limit their ability to reproduce. Excess sediment can cause a number of other problems for waterbodies. It is associated with increased turbidity and reduced light penetration in the water column, as well as more long-term effects associated with habitat destruction and increased difficulty in filtering drinking water.

Pollutants Commonly Discharged From Construction Sites

Sediment	Pesticides
Solid and sanitary wastes	Concrete truck washout
Nitrogen (fertilizer)	Construction chemicals
Phosphorous (fertilizer)	Construction debris

C. POST CONSTRUCTION RUNOFF

There are generally two forms of substantial impacts of post-construction runoff. The first is caused by an increase in the type and quantity of pollutants in storm water runoff. As runoff flows over areas altered by development, it picks up harmful sediment and chemicals such as oil and grease, pesticides, heavy metals, and nutrients (e.g., nitrogen and phosphorus). These pollutants often become suspended in runoff and are carried to receiving waters, such as lakes, ponds, and streams. Once deposited, these pollutants can enter the food chain through small aquatic life, eventually entering the tissues of fish and humans. The second kind of post-construction runoff impact occurs by increasing the quantity of water delivered to the waterbody

during storms. Increased impervious surfaces interrupt the natural cycle of gradual percolation of water through vegetation and soil. Instead, water is collected from surfaces such as asphalt and concrete and routed to drainage systems where large volumes of runoff quickly flow to the nearest receiving water. The effects of this process include stream bank scouring and downstream flooding, which often lead to a loss of aquatic life and damage to property.

D. FEDERAL AND STATE REGULATIONS

The Federal Water Pollution Prevention and Control Act (i.e., the Clean Water Act or CWA) requires that discharges do not substantially degrade the physical, chemical or biological integrity of the Nation's waters. Specifically Section 402 established the National Pollutant Discharge Elimination System (NPDES) Regulations for wastewater and other pollutant discharges.

Congress amended the CWA in 1987 to require the implementation of a two-phased program to address storm water discharges. Phase I, promulgated by the U.S. Environmental Protection Agency (EPA) in November 1990, requires NPDES permits for storm water discharges from municipal separate storm sewer systems (MS4s) serving populations of 100,000 or greater, construction sites disturbing greater than 5 acres of land, and ten categories of industrial activities.

Despite the comprehensiveness of the NPDES Phase I program, the EPA recognized that smaller construction projects (disturbing less than 5 acres) and small municipal separate storm sewers (MS4s³) were also contributing substantially to pollutant discharges nationwide. Therefore, in order to further improve storm water quality, the EPA promulgated the NPDES Phase II program (*Federal Register* Vol. 64, No. 235, December 8, 1999). The Phase II regulations became effective on February 7, 2000, and require NPDES permits for storm water discharges from regulated small MS4s and for construction sites disturbing more than 1 acre of land. The Phase II regulations published by the EPA designated the urbanized areas⁴ of Santa Barbara County as a regulated small MS4.

³ Those generally serving less than 100,000 people and located in an urbanized area as defined by the Bureau of the Census.

⁴ An **urbanized area** is a land area comprising one or more places (central place(s)) and the adjacent densely settled surrounding area (the urban fringe) that together have a residential population of at least 50,000 and an overall population density of at least 1,000 people per square mile.

- Mission Creek – pathogens.
- Carpinteria Salt Marsh – nutrients and sediment.
- Carpinteria Creek - pathogens
- Rincon Creek – pathogens and sediment.

F. COUNTY WATER QUALITY PROTECTION POLICIES

Policies regarding the protection of water quality in the unincorporated areas of Santa Barbara County are provided in the Comprehensive Plan Land Use Element, various Community Plans, and the Local Coastal Plan. The overarching policy which applies to both construction and post-construction is Land Use Element Hillside and Watershed Protection Policy 7 (Coastal Plan Policy 3-19), which states:

Degradation of the water quality of groundwater basins, nearby streams, or wetlands shall not result from development of the site. Pollutants, such as chemicals, fuels, lubricants, raw sewage, and other harmful waste shall not be discharged into or alongside coastal streams or wetlands either during or after construction.

Project approval requires a finding of consistency with this and all other applicable water quality policies in the Comprehensive and Community Plans.

G. SIGNIFICANCE GUIDELINES FOR ASSESSMENT OF WATER QUALITY IMPACTS

Guidelines for assessing project-specific and cumulative water quality impacts are presented below. The assessment of impacts must account for construction-related impacts (i.e., vegetation removal, erosion, use of construction materials on the site, and staging of construction activities) and post-construction (or post-development) impacts (i.e., increases in impervious surfaces and increased runoff, entrainment of pollutants, and effects of discharges on aquatic habitats and biota).

G.1 Project Specific Potential Significance Impacts

- (a) A significant water quality impact is presumed to occur if the project:
- Is located within an urbanized area of the county and the project construction or redevelopment individually or as a part of a larger common plan of development or sale would disturb one (1) or more acres of land;
 - Increases the amount of impervious surfaces on a site by 25% or more;
 - Results in channelization or relocation of a natural drainage channel;
 - Results in removal or reduction of riparian vegetation or other vegetation (excluding non-native vegetation removed for restoration projects) from the buffer zone of any streams, creeks or wetlands;
 - Is an industrial facility that falls under one or more of categories of industrial activity regulated under the NPDES Phase I industrial storm water regulations (facilities with effluent limitation; manufacturing; mineral, metal, oil and gas, hazardous waste,

treatment or disposal facilities; landfills; recycling facilities; steam electric plants; transportation facilities; treatment works;; and light industrial activity);

- Discharges pollutants that exceed the water quality standards set forth in the applicable NPDES permit, the Regional Water Quality Control Board's (RWQCB) Basin Plan or otherwise impairs the beneficial uses⁵ of a receiving waterbody; or
- Results in a discharge of pollutants into an "impaired" waterbody that has been designated as such by the State Water Resources Control Board or the RWQCB under Section 303 (d) of the Federal Water Pollution Prevention and Control Act (i.e., the Clean Water Act).
- Results in a discharge of pollutants of concern to a receiving water body, as identified in by the RWQCB.

(b) Projects that are not specifically identified on the above list or are located outside of the "urbanized areas" may also have a project-specific storm water quality impact. Storm water quality impacts associated with these projects must be evaluated on a project by project basis for a determination of significance. The potential impacts of these projects should be determined in consultation with the county Water Agency, Flood Control Division, and RWQCB. The issues that should be considered are:

- the size of the development;
- the location (proximity to sensitive waterbodies, location on hillsides, etc.);
- the timing and duration of the construction activity;
- the nature and extent of directly connected impervious areas;
- the extent to which the natural runoff patterns are altered;
- disturbance to riparian corridors or other native vegetation on or off-site;
- the type of storm water pollutants expected; and
- the extent to which water quality best management practices are included in the project design.

(c) All projects determined to have a potentially significant storm water quality impact must prepare and implement a Storm Water Quality Management Plan (SWQMP) to reduce the impact to the maximum extent practicable. The SWQMP shall include the following elements:

- identification of potential pollutant sources that may affect the quality of the discharges to storm water;
- the proposed design and placement of structural and non-structural BMPs to address identified pollutants;

⁵ Beneficial uses for Santa Barbara County are identified by the Regional Water Quality Control Board in the Water Quality Control Plan for the Central Coastal Basin, or Basin Plan, and include (among others) recreation, agricultural supply, groundwater recharge, fresh water habitat, estuarine habitat, support for rare, threatened or endangered species, preservation of biological habitats of special significance.

- a proposed inspection and maintenance program; and
- a method of ensuring maintenance of all BMPs over the life of the project.

Implementation of best management practices identified in the SWQMP will generally be considered to reduce the storm water quality impact to a less than significant level.

G.2 Less than Significant Impacts

The following land uses and projects are generally presumed to have a less than significant project-specific water quality impact. These include:

- Redevelopment projects that do not increase the amount of impervious surfaces on the site nor change the land use or potential pollutants;
- New development and redevelopment projects that incorporate into the project design construction BMPs for erosion, sediment and construction waste control and incorporate post-construction BMPs to protect sensitive riparian or wetland resources, reduce the quantity of runoff, and treat runoff generated by the project to pre-project levels;
- Lot line adjustments that do not alter the development potential of the lots involved;
- Development of a single family dwelling (and associated accessory uses including but not limited to roads and driveways, septic systems, guesthouse, pool, etc.) disturbing less than one acre on existing legal lot.

G.3 Cumulative Impacts

Because of the county's designation under the Phase II NPDES regulations, all discretionary projects (except those that do not result in a physical change to the environment) within the urbanized area whose contributions are cumulatively considerable must implement one or more best management practices to reduce their contribution to the cumulative impact.

H. GENERAL MITIGATION GUIDELINES FOR WATER QUALITY IMPACTS

If water quality impacts are considered from the beginning stages of a project more opportunities are available for water quality protection. Best management practices (mitigation measures) chosen for a project should minimize water quality impacts and attempt to maintain pre-development runoff conditions. Best management practices are divided into two main categories, non-structural BMPs and structural BMPs.

Non-structural BMPs are preventative actions that involve management and source controls such as protecting and restoring sensitive areas such as wetlands and riparian corridors, maintaining and/or increasing open space, providing buffers along sensitive water bodies, minimizing impervious surfaces and directly connected impervious areas, and minimizing disturbance of soils and vegetation. Structural BMPs include: storage practices such as wet ponds and extended-detention outlet structures; filtration practices such as grassed swales, sand filters and filter strips; and infiltration practices such as infiltration basins and infiltration trenches. In many

cases combinations of non-structural and structural measures will be required to reduce water quality impacts.

Non-structural and structural BMPs most applicable to the development projects in the county are included in “ A Planner’s Guide to Conditions of Approval and Standard Mitigation Measures” and the county’s adopted BMP manuals for construction site runoff control. Additional guidance on best management practices is available from the State⁶, the EPA⁷ and from other sources such as BASMAA “Starting at the Source”⁸. Storm water technologies are constantly being improved, and staff and developers must be responsive to any changes, developments or improvements in control technologies.

⁶ *California Storm Water Best Management Practice Handbooks* (California Stormwater Quality Task Force, 1993).

⁷ On the Internet at www.epa.gov/npdes/menuofbmps/menu.htm.

⁸ *Start at the Source: Design Guidance Manual for Stormwater Quality Protection* (Bay Area Stormwater Management Agencies Association, 1999).